



1

ISU Olympic Development Project 2018-2021 for single and ice dance coaches and skaters

<u>Seminar 2019 – Year 2</u> <u>May 20-25,</u> <u>Finnish Sport Institute (Vierumäki), Finland</u> <u>Info Letter</u>

Project Objectives

- Understanding and recognizing the current sport-specific requirements of the present Olympic level figure skating.
- Initiating a new development collaboration between Single Skating and Ice Dance.
- Recognizing new potential coaches and discovering a potential next generation of coaches, and strengthening their competencies towards the next Olympic Games. In order to be prepared for the upcoming change of generation among coaches, the transfer of knowledge from the current generation of coaches to the next one needs to be secured.
- Enabling a long-term, high-quality development process for the skaters in co-operation with their personal coaches, with the aim to elevate the skaters to the Olympic level. Raising Ice Dance couples from more countries to the international level.
- Identifying the areas that the coaches should focus on, in order for the individual skaters to successfully carry out the transition from Junior to Senior International Competitive Level.
- Encouraging an open dialogue among different nations and continents. Utilizing and increasing co-operation between various stakeholders.
- Supporting national projects in Europe, aiming at Olympic participation in 2022.

Structure:

Four annual seminars to be held in May each year at Vierumäki, Finland; https://vierumaki.fi/en/

Parallel seminars for Single Skating and Ice Dance with joint and separate sessions. The duration of each seminar is six days with 9-12 hours of daily classes for coaches and skaters.

Curriculum:

The curriculum will be structured to advance the objectives of the project, i.e. to identify the areas that coaches must focus on, in order for the skaters to successfully make the transition from Junior to Senior International Competitive Level.

The lessons will be constructed to help coaches learn how to enhance the effects of training and the mental awareness of being a competitive skater, and how to implement these in their personal training environment.

Transferring knowledge between the current and new generation of coaches will be emphasized in the practical implementation of the seminars.





Questions and Answers Sessions and Workshops will explore the different challenges in the process of developing young skaters towards more mature performances with a better diversity in style and techniques.

Outline:

2018 - Seminar 1 - completed in May 2018:

- The participants recognize the features and contents of elite coaching and training operations, and will apply the operational models to their own work.
- Work towards adopting a new operational model and gaining a better understanding of elite coaching and training.
- Improving the technical competencies of athletes and coaches.

2019 - Seminar 2:

- Continuation of the main themes of 2018
- The influence of requirements on the training process
- Versatile Skater and Coach

2020 - Seminar 3:

• Specifying and examining the sufficient international level competencies attained by the participants.

2021 - Seminar 4:

- Transition to the senior category is identified in the athletes
- Strengthening of diverse elite competencies of the skaters and coaches
- Components: interpretation, choreography
- Support network around the skaters and coaches
- Simulation competition and evaluation process

Moderators for both Single Skating and Ice Dance Seminars 2019:



Maurizio Margaglio, FIN

Maurizio is the 2001 World champion, 2001 European champion, and 2002 Olympic bronze medalist. He has won nine Italian titles and competed at three Olympics. Currently, he is a Finnish Olympic coach and is a member of the ISU Ice Dance Technical Committee.



Igor Shpilband (USA)

Igor and his partner, Tatiana Gladkova, won the silver medal at the 1982 World Junior Championships and then gold in 1983. Shpilband retired from competitive skating in 1986 and began working as a coach and choreographer. Since June 2012 his training site has been the Novi Ice Arena in Novi, Michigan. His latest couples are among other Tessa Virtue & Scott Moir (until 2012) and Megan Wing & Aaron Love.









Robbie Kaine, USA

Robbie is a World and Olympic coach and his athletes have won medals at National and International Championships: most recently Kim Navarro & Brent Bommentre. Robbie received his Bachelor of Science degree in Psychology from Butler University in Indianapolis, Indiana. He has enjoyed coaching skaters of all ages and abilities since 1974. He is a member of the Professional Skaters Association (PSA) with a Master Rating in Dance and Free Dance. Robbie is qualified to coach all levels of Dance, Free Skating, and Moves in the Field.

Moderators for Single Skating Seminar 2019:



Elena Buiyanova + Team, RUS

Elena is a Russian figure skating coach and retired competitive skater who represented the Soviet Union. She is the 1983 World bronze medalist and three-time European medalist. She began coaching at the CSKK Club in Moscow. Currently her skaters are amongst others Maria Sotskova and Elena Radionova.



Mie Hamada, JPN + demo skater

Ms Hamada currently coaches at the Kansai University Skating Club in Takatsuki, Osaka. Her current students include Marin Honda, 2016 Junior World Champion and 2015–16 Junior JGP Final bronze medalist, Rika Kihira and Satoko Miyahara